

EGG SANDWICHES

CLASSICS on a Plain Bagel	ONE EGG	TWO EGGS
Bacon & Cheddar	500 Cal 5.99	590 Cal 7.19
Turkey-Sausage & Cheddar	520 Cal 5.99	610 Cal 7.19
Ham & Swiss	470 Cal 5.99	560 Cal 7.19
Cheddar Cheese 🍷	430 Cal 5.59	520 Cal 6.59

Avocado Toast 🍷 on a Toasted Plain Bagel	380 Cal 4.79
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SIGNATURE

Farmhouse	710 Cal 6.99	800 Cal 8.19
Garden Avocado 🍷🍷	510 Cal 6.39	600 Cal 7.59
Texas Brisket	780 Cal 7.99	870 Cal 8.99
All-Nighter		930 Cal 7.19
Big Breakfast Burrito		1250 Cal 7.49

EGG WHITE

Santa Fe	440 Cal 6.59	470 Cal 7.79
Bacon, Avocado & Tomato	430 Cal 6.59	460 Cal 7.79

MAKE IT A MEAL

Add Twice-Baked Hash Brown & Medium Coffee	180 Cal 3.99
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CUSTOMIZE IT

GOURMET IT Upgrade to a Gourmet Bagel	Adds 70-130 Cal	+ .80
LIGHTEN UP Sub Egg White	Subtract 55 Cal	

SIGNATURE LUNCH

CLASSIC

Nova Lox* on a Plain Bagel	510 Cal 8.59
Turkey, Bacon & Avocado on Toasted Ciabatta	600 Cal 7.99
Tasty Turkey on an Asiago Bagel	530 Cal 7.99
Avocado Veg Out 🍷🍷 on a Sesame Bagel	400 Cal 7.49

HOT & TOASTY

Albuquerque Turkey on Six Cheese Gourmet Bagel	710 Cal 7.99
Pepperoni Chicken on Toasted Ciabatta	650 Cal 7.99
Spicy Chicken on Toasted Ciabatta	610 Cal 7.99
Cheesy Veggie Melt 🍷 on Toasted Ciabatta	620 Cal 7.09

PIZZA BAGEL

Cheese 🍷 on Plain	480 Cal 6.09
Pepperoni on Plain	570 Cal 6.69

DELI SELECT

Served on your choice of Bagel, Toasted Ciabatta or Flour Tortilla

Turkey & Cheddar	510-600 Cal 7.49
Ham & Swiss	500-590 Cal 7.49
Chicken Salad	440-530 Cal 0.00

*COLD SMOKED SALMON IS NOT COOKED. CONSUMING RAW OR UNDERCOOKED SEAFOOD MAY INCREASE THE RISK OF FOODBORNE ILLNESS. NOVA LOX CONTAINS ARTIFICIAL COLORS
2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.
ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

🍷 CONTAINS SESAME 🍷 VEGETARIAN